Washington DC is much more than just our nations’ capitol. It is a urban area alive with history. From the White House to Memorials and Museums, DC has something for everyone. The overall averages temperatures range from 89 degrees F in the summer to down to 29 degrees F in the winter.

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Take a cab or metrorail and use a day to visit the historical sights of DC. Highlights include:

- **[Willard InterContinental Hotel](http://washington.org/planning/members/membership/member-directory?client=32716)** most known for being the place where Rev. Dr. Martin Luther King, Jr. wrote his "I Have a Dream" speech.

- **The Library of Congress** where you can see a recreation of Thomas Jefferson’s original library.

- See the **Lincoln Memorial** and then see the **Reflecting Pool** and **WWII Memorial** which is in walking distance.

- Do not miss the chance to see the Changing of the Guard ceremony at the Tomb of the Unknowns in [**Arlington National Cemetery**](http://washington.org/planning/members/membership/member-directory?client=34551).

-See the names of those who sacrificed for the country at the [**Vietnam Veteran's Memorial Wall**](http://washington.org/planning/members/membership/member-directory?client=36103)

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When in Washington DC be sure to visit one of the many Museums, such as the **Smithsonian**, **The National Museum of Natural History,** [**National Museum of American History**](http://washington.org/planning/members/membership/member-directory?client=34323), and many more!

Stop to see free performances at [**The Kennedy Center's Millennium Stage**](http://washington.org/planning/members/membership/member-directory?client=32282) every night at 6 PM, or even see a show at **Signature Theatre, The Kennedy Center, Folger Theatre, Imagination Stage**, or one of the many others.

Also come and visit The [**National Zoo**](http://washington.org/planning/members/membership/member-directory?client=36089) where you can see panda conservation efforts.



*The National Museum of Natural History*

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* Come to **Nationals Park** and see views of the Capitol Dome and Washington Monument while watching some great baseball.
* DC has **over 800 miles of trails for biking, hiking, and jogging**, including the Mount Vernon trail.
* Football fans will not want to miss **The Military Bowl** at The DC Armory.
* The Potomac River is great for **kayaking, canoeing, and sailing!**

Food and Shopping

* **Top outlet malls and shopping centers** lie just outside downtown DC. Many deals await everywhere you look!
* Downtown DC is full of **restaurants**, or if curious stop by the **farmers markets**.